

# LIFELONG LEARNING – YEAR 11

Topic Title:	Why am I learning this topic?	Key concepts:	Key Knowledge:	Key Skills:	Links to other areas of LLL
Healthy Relationships	As teenagers grow into young adults, they face many pressures, often inflicted by their peers. This unit looks at the peer pressures a young adult may face and what they can do to overcome them.	Peer pressure, binge drinking, drug use, sexual pressure, home life	To know the pressures a young adult can face surrounding sex, alcohol, drugs and home life.	Explanation, discussion	RSHE, Healthy Living
Relationships, Sex and Health Education (RSHE)	With social media and our phones playing such an important role in our lives, we need to know how we can stay safe online. This unit will look at how we can do this.	Indecent images, body image, storing and sharing online data.	To know what 'sexually explicit material' is and how this and pornography can lead to unrealistic body images. To know the laws associated with the use of indecent images.	Explanation, discussion, evaluative	Healthy Relationships
Citizenship	With fewer people getting married today this unit will look at whether marriage is important in todays society, along with the legal rights and protections not available to cohabiting couples	Legal status of marriage and other long -term relationships.	To compare the legal rights and protections between married and cohabiting couples. To evaluate whether marriage is important in todays society.	Explanation, discussion, evaluative	Healthy Relationships, Cultural Appreciation
Healthy Living	Through Year 11 students will face many challenges and it is important to know how to deal with stress, depression and gambling	Coping with stress, depression, debt, gambling.	To know what 'stress' looks like and ways to deal with it. To identify signs of depression and how to overcome these or support others experiencing it.	Explanation, discussion, empathy	Healthy Relationships