

LIFELONG LEARNING – YEAR 12

Topic Title:	Why am I learning this topic?	Key concepts:	Key Knowledge:	Key Skills:	Links to other areas of LLL
Healthy Relationships	As teenagers grow into young adults, they face many pressures, often inflicted by their peers. This unit looks at the peer pressures a young adult may face and what they can do to overcome them.	Peer pressures related to social media, sex, drugs, alcohol and road safety	To know the pressures associated with growing as a young adult and how to overcome these.	Explanation, evaluation, discussion	RSHE, Healthy Living
Relationships, Sex and Health Education (RSHE)	Sadly the relationships we can have with other people can have negative consequences. This unit looks at these negative relationships, the effects of them and how we can manage them.	Consent, sexual violence, forced marriage, domestic abuse, FGM	To know what each of the key concepts are (E.g. Consent, sexual violence, forced marriage, domestic abuse, FGM) and the effects they can have.	Explanation, evaluation, discussion, empathy	Healthy Relationships
Citizenship	'We are the first generation to know we are destroying the planet and the last that can save it'. This unit looks at the importance of environmental protection and what it means to be a global citizen.	Environmental Protection, global citizenship, respect of other cultures	To know what it means to be global citizen and the role one can play in environmental protection. To appreciate and respect other cultures.	Explanation, evaluation, discussion, empathy	Healthy Relationships
Healthy Living	In our lives we can face many pressures from risky behaviours, for example through gambling or debt. This unit looks at a wide range of ways in which we can stay healthy – both physically and psychologically.	Impacts from alcohol and drug use, eating disorders, debt, gambling, self-examination of body	To explain the impacts of a range of risky behaviours, to know how to self-examine your body to remain healthy.	Explanation, discussion, evaluation, self-examination	Healthy Relationships