



LIFELONG LEARNING – YEAR 13

Topic Title:	Why am I learning this topic?	Key concepts:	Key Knowledge:	Key Skills:	Links to other areas of LLL
Healthy Relationships	As teenagers grow into young adults, they face many pressures, often inflicted by their peers. This unit looks at the peer pressures a young adult may face and what they can do to overcome them.	Peer pressure, binge drinking, drug use, sexual pressure, home life	To know the pressures a young adult can face surrounding sex, alcohol, drugs and home life.	Explanation, discussion	RSHE, Healthy Living
Relationships, Sex and Health Education (RSHE)	When people decide to start a family, life doesn't always follow the plan they chose. Infertility can be a very stressful time for a couple and so this unit looks at what infertility means, the impacts of it and how to cope.	Infertility, IVF, the involvement of science in infertility	To know the impacts of infertility and the process of IVF. To evaluate the impacts of using science in creating a child.	Explanation, discussion, evaluation	Healthy relationships, Healthy Living
Citizenship	Many students in Year 13 will now be 18 and therefore have the right to vote in government and council elections. This unit focuses on democracy and the UK government system.	Democracy, the UK Government and its systems, UK elections	To know what democracy means and to understand the UK Government system. To compare this to an alternative government system elsewhere in the World.	Explanation, discussion, evaluation, comparison	
Healthy Living	Through Year 13 students will face many challenges and it is important to know how to deal with stress, anxiety and depression	Coping with stress, depression and anxiety.	To know what 'stress' looks like and ways to deal with it. To identify signs of anxiety and depression and how to overcome these or support others experiencing it.	Explanation, discussion, empathy	Healthy Relationships