



The John Warner School • Stanstead Road • Hoddesdon • Hertfordshire • EN11 0QF
Telephone: 01992 462889 • Facsimile: 01992 470679 • E-mail: admin@johnwarner.herts.sch.uk
Website: www.johnwarner.herts.sch.uk • Headteacher: Jeremy M. Scott

21st September 2020

Dear Parent(s)/Carer(s)

Re. Nut-free Packed Lunches and COVID-19 Flowchart (21st September 2020)

One of the most obvious consequences of our enforced restrictions this term has been the increased number of children bringing packed lunches and snacks in from home. This has really benefited our ability to ensure the pupils are fed and watered without undermining our plans to keep the year groups separate from one another.

However, it has been brought to our attention that some children have been bringing items into school that contain nuts which has triggered a couple of allergic reactions.

Please can we remind you all that the school operates a nut-free policy. All food cooked onsite is nut-free both in the canteen and food technology rooms. Some of our students and staff have nut allergies that can be life-threatening. Severe reactions can occur not just from eating nuts but also from touching the skin or through the air. Allergic reactions typically cause breathing and swallowing difficulties. Staff on-site are trained to administer epi-pens if required.

We kindly ask all students and staff to carefully consider the food they are bringing onto the school site and to avoid any products that contain nuts. This includes the following:

- Snickers, Topic, Walnut Whip chocolate bars
- Maryland Choc Chip Cookies, Reese's Peanut Butter Cups
- Snack bars such as Nature Valley Fruit and Nut
- Mr Kipling Cherry Bakewells
- Peanut Butter and Nutella spreads
- Satay Sauce
- Celebration chocolates

We are starting to see cases of COVID-19 increase both nationally and in the local area. I have included below a flowchart that reminds parents/carers about what they should do if they suspect their child has COVID-19 symptoms (new continuous cough and/or high temperature and/or loss of, or change in, normal sense of taste or smell).

Thank you for your continued support.

Best wishes

Mr Jeremy Scott
Headteacher

Information for parents and carers on suspected COVID-19 (coronavirus) in a child

WHEN TO SUSPECT COVID-19 IN YOUR CHILD:

if they develop symptoms of a new continuous cough and/or high temperature and/or a loss of, or change in, normal sense of taste or smell (anosmia)

Do not send your child to school or childcare setting. Inform the setting through absence reporting

If your child develops symptoms at the childcare setting, they will be separated from others, and will **be sent home**

If your child (or anyone in your household) has symptoms they must arrange a test **as soon as possible** and isolate at home for **10 days** from date of onset of symptoms (or until they receive a negative result). Everyone else in the household who does not have symptoms must isolate at home for 14 days (or until the symptomatic household member receives a negative result)

Arrange for a coronavirus test for anyone in your household with symptoms either online via www.nhs.uk/coronavirus or call NHS testing line on 119. The test must be done within **five days** of when symptoms start. Ensure you know who to contact with the results in the school/childcare setting if the results are received outside usual working hours

You will be offered a test at your closest drive-through centre. This is the quickest option. A parent or carer will need to perform the test on children under 12 years old. If you don't drive, you can request a home test kit. **Do not** get a taxi or public transport to the test centre

Result of test (you will receive this by email or text message)